Questions for your first appointment

Choose the questions that matter to you. You do not need to ask them all today.

Understanding my diagnosis

- [ ] What type of breast cancer do I have, and what do my results mean?
- [ ] Are any test results still pending? Will I need more tests?
- [ ] Has the cancer spread to lymph nodes or elsewhere? What do we know so far?

Planning treatment

- [ ] What treatment options do you recommend, and why?
- [ ] What are the possible benefits and side effects of each option?
- [ ] How much time do I have to decide? Can I get a second opinion?

Making the next steps manageable

- [ ] What happens next, and who will help coordinate my care?
- [ ] Who can I call between appointments, including after hours?
- [ ] Can I meet with a patient navigator or oncology social worker?

My most important question or next step:

Bring someone with you or ask if you may record the conversation for later.

For personal organization only. Your care team can advise you about your care.